



2024 Hong Kong Open Pre-Training Camp (Artistic Cycling)

香港公開賽 2024 賽前訓練營(單車花式)

Date	日期	5-8 August 2024	2024 年 8 月 5 至 8 日
Time	時間	Session 1: 9am to 12nn Session 2: 2pm to 5pm	第一節：早上九時至中午十二時 第二節：下午二時至下午五時
Venue	地點	Chai Wan Sports Centre	柴灣體育館主場
Content	內容	Training of Artistic Cycling	單車花式訓練
		Outing (Schedule will be announced later)	戶外活動 (行程安排稍後公佈)
Coach	教練	Germany Coach – Rolf Halter Hungary Coach – Martin Schön Level 1 Registered Artistic Cycling Coach of CAHK	德國教練 Rolf Halter 匈牙利教練 Martin Schön 中國香港單車總會註冊一級花式專項教練
Language	語言	English & Cantonese	英語 & 廣東話
Entry Fee	費用	HK\$1,500 (Outing transportation fee and lunch are included, except insurance. Participants purchase accident/casualty insurance and property insurance on their own for the event as they deem necessary.) 港幣一千五百元正 (包括戶外活動交通費及午膳費用; 不包括保險, 參加者如有需要, 可自行為所參加的活動購買意外 / 傷亡保險以及財產保險。)	
Qualification	參加資格	Achieved Artistic Star Award Bronze Level II or above 考獲單車花式星章銅二級別或以上	
Quota	名額	30pax (First come first served)	三十名 (名額有限, 先到先得)
Award	獎勵	Attendance certificate will be awarded to those participants who have 100% attendance. 出席率達 100%者, 可獲頒發出席證書	
Application	報名辦法	Please complete the entry form in below and return it along with entry fee HK\$1,500(Please make a crossed cheque payable to: The Cycling Association of Hong Kong, China Limited) to CAHK office at Room 1015, Olympic House, 1 Stadium Path, So Kon Po, Causeway Bay, Hong Kong 請填妥以下報名表格連同報名費港幣一千五百元正(抬頭: 中國香港單車總會有限公司 (劃線支票)), 寄回: 香港銅鑼灣掃桿埔大球場徑 1 號奧運大樓 1015 室中國香港單車總會秘書處收	
Deadline	截止日期	3 July 2024 (No late entries will be accepted)	2024年7月3日 (逾期報名, 恕不接受)
Enquiry	查詢	Phone +852 2504 8240	電話 +852 2504 8240
		Email tai.mok@cycling.org.hk	電郵 tai.mok@cycling.org.hk



2024 Hong Kong Open Pre-Training Camp (Artistic Cycling)

香港公開賽 2024 賽前訓練營(單車花式)

Entry Form 報名表

Chinese Name 姓名(中文)		English Name 姓名(英文)	
Sex 性別	Contact No. 聯絡電話	Date of Birth 出生日期	
E-mail Address 電子郵件		Qualification 已考獲之單車花式星章級別	
Emergency Contact Person 緊急聯絡人姓名		Mobile No. for Emergency Contact Person 緊急聯絡人手提電話	

※ Declaration 聲明

※ I have read and understand the Privacy Policy of The Cycling Association of Hong Kong, China Limited ("CAHK") posted in CAHK's website. Provision of all information is on a voluntary basis, true and correct and complete. CAHK is not obliged to review and shall not be responsible to any consequence arising from the errors or omissions to the information I provided. I agree and accept the use of information, including transfer and disclose of the information, in relation to the registration and/or further arrangement. For any change to the information, written notice will be given to CAHK immediately. I hereby expressly declare and accept that taking part in the activities is voluntary and at my own risk and responsibility. I declare that I am physically fit, sufficiently trained and well equipped for the activities. CAHK shall not be liable for any injury or death which I may suffer in the activities. I hereby waive all rights, claims and causes of action I have or may have against CAHK, its staff, employees, agents, freelancer, volunteers, independent contractors, sponsors, promoters and all other contributors from all liabilities for illness, personal injuries, death, loss and economic consequences I may suffer from or incidental to my taking part in the activities howsoever caused, including but not limited to negligence and gross negligence.

※ The information you provided will only used for the registration of events, statistics, future contact and comments of CAHK's activities. It is also restricted to authorized personnel of CAHK to have access to the relevant information for the aforementioned purposes. After submitting the application form, please contact our staff. if you would like to correct or check your personal data,

※ 本人明白單車活動皆為極高危險項目，有可能導致嚴重人身損傷或死亡。本人聲明本人身體狀況適合及具備足夠訓練、能力及裝備，參與活動。如因個人疏忽或健康及體能上的不足而導致受傷或死亡，本人明白中國香港單車總會有限公司(“總會”)將無需為上述參加者在活動中遭受的任何傷害或死亡負責。本人明白及願意遵守總會所訂定之一切規則。若有違反，本人同意總會即時終止有關活動、要求賠償及取消本人活動資格之權利。本人鄭重聲明本人是自願參加活動，並願意自行承擔所有風險及責任。本人謹遵守總會會章。本人謹此豁免總會及其職員、僱員、代理人、自由工作者、志願工作者、獨立承包人、所有贊助商、推廣人、支持活動之團體及任何有關之團體對於本人參加活動，包括但不限於疏忽及重大疏忽，所引致之疾病、人身受傷、死亡、經濟損失之任何法律責任，以及放棄任何有關之權利、索償及追究行動。本人已閱讀及了解總會上載於網頁上的私隱政策。本人向總會提供之個人資料屬自願性質，資料完整及確實無誤，總會無責任覆核資料，並不須對本人因資料錯誤或遺漏而引起之任何索償或損失負任何責任。本人接受及同意有關資料用於與此申請及其後相關安排之直接用途，包括資料之轉移及披露。任何資料如有更改，本人會立即提交書面通知總會處理。本人願意授權總會在毋須本人審查而可以使用本人的肖像、影像、聲線及個人資料作為活動籌辦及推廣之用。

※ 閣下提供的資料，只作中國香港單車總會有限公司的活動報名事宜、統計、日後聯絡及活動意見調查之用，亦只限獲本會授權人員方可查閱有關資料作前述目的之用。遞交申請表後，如欲更正或查詢個人資料，請與本會職員聯絡。

Applicant's Signature 參加者簽署		Relationship 關係	
Signature of Guardian ※for applicants aged under 18 18 歲以下監護人簽名		Guardian 監護人姓名	

4 Aug 2024 (Sun)		Arrival	HK Airport
5 Aug 2024 (Mon)	09:00-12:00	Training	Chai Wan Sports Centre
	12:00-14:00	Lunch	
	14:00-17:00	Training	Chai Wan Sports Centre
6 Aug 2024 (Tue)	09:00-12:00	Training	Chai Wan Sports Centre
	12:00-13:00	Lunch	
	13:00-19:00	Sightseeing	Lantau Big Buddha / Tai O
7 Aug 2024 (Wed)	09:00-12:00	Training	Chai Wan Sports Centre
	12:00-14:00	Lunch / Sightseeing	Stanley Market
	15:00-19:00	Sightseeing / Swimming	Repulse Bay Beach
8 Aug 2024 (Thu)	09:00-12:00	Training	Chai Wan Sports Centre
	12:00-14:00	Lunch	
	14:00-17:00	Training	Chai Wan Sports Centre
9 Aug 2024 (Fri)	13:00-18:00 19:00	Official Training Welcome Dinner	
10 Aug 2024 (Sat)		Hong Kong Open (Artistic and Cycle-ball)	Chai Wan Sports Centre
11 Aug 2024 (Sun)	am, pm pm	Asian Championships Artistic Cycling World Cup	Chai Wan Sports Centre
12 Aug 2024 (Mon)		Return flight	